

ECO LIVING:

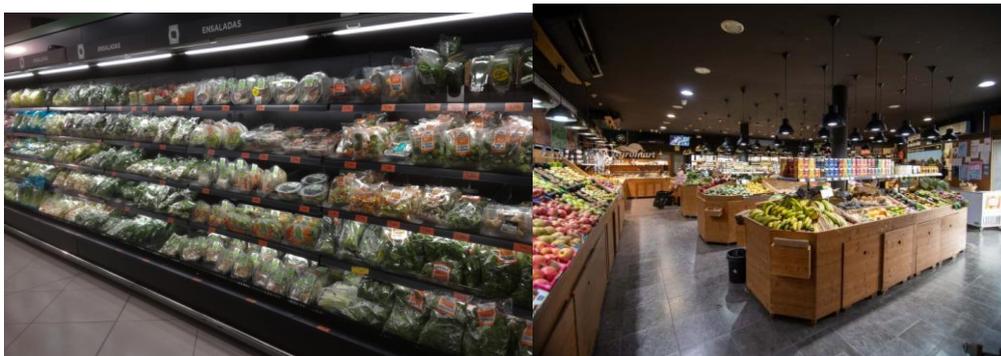
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Our daily necessities, such as: clothing, food, and hygiene product are very important, but sadly, they require a lot of plastic waste. Most of the food you buy at supermarkets is wrapped in plastic, even organic products which don't require it! The clothes we buy online also come in plastic wrapping, per clothing piece! And hygiene products come in non-reusable plastic packaging that then ends up in the ocean, eaten by animals or on the island. Just imagine how much plastic we produce monthly with our basic necessities and imagine yearly!

Luckily, there are many places where you can buy these products ecologically and at a good price in Mallorca, so we can live our daily lives producing much less plastic. Today we will share with you a guide of places in Mallorca where you can buy food, clothing and hygiene products economically and without plastic so we can reduce our plastic footprint and help preserve the Balearic Islands' natural environment. This is a guide that is easy to follow and is doable for anyone, instead of looking for substantial changes, we would like to focus on little changes that can make a big difference.

Agromart: Most supermarkets in Mallorca have a noticeably big plastic footprint, in most places everything is wrapped in plastic even though it's not necessary. In a study done by Greenpeace ([Ranking de supermercados según su huella plástica - ES | Greenpeace España](#)) in 2019 about Spanish supermarkets, such as Mercadona, Corte Inglés, Lidl, Aldi... the study concluded that all these supermarkets have almost everything wrapped in one use plastic and have no plans on changing that. Agromart is a chain of local supermarkets where you can find organic vegetables, meat, fruits, cheese, tea, bread, pasta..., all ethically sourced. Unlike other supermarkets, agromart has everything in glass jars or baskets which you can get your food from with serving utensils, this is a much better alternative as it is a healthier and zero waste way of buying groceries.

There are also other places you can go to such as: Mercat de l'Olivar, NU Market, Veritas... to get food



An aisle in Mercadona with everything wrapped in plastic vs an agromart aisle without plastic.

Quint: (address: carrer de Blanquerna 48, 07003)

Quint is a second is a second-hand clothing shop where you can sell your clothes and buy second hand clothing, you can find pieces of clothing from many high-quality brands such as Adidas, Polo, Converse, Levis', Nike... at exceptionally good prices, for example, a POLO jumper would be around 20\$. You can also find some cheaper brands such as h&m, zara. This is an ecological way of buying clothes as you can obtain cheap high-quality clothing without plastic and promoting recycling.

Bodyshop: (address: 14 carrer sant miquel 07002)

The bodyshop is an amazing place to buy hygiene products as it offers ethically and ecologically produced skincare, hygiene products, perfumes... at affordable prices normally ranging between 5-10\$.

They have a very wide range of scents and products which are produced with sustainable ingredients and without exploiting natural environments or workers.

The main issue with hygiene products is the plastic packaging, the bodyshop has a refilling station where you can refill your bottles after using them and you do not have to produce plastic waste or buy a new bottle. They offer a wide variety of scents to refill with and your container is weighed at the till, and you are charged for a cheaper price, for example, 300ml of body gel would cost 10\$ at the store but 5\$ to refill. The brand has calculated that the average person will save 80\$ yearly by doing this. And with this project 25 tons of plastic have been reduced since 2021



A photo of bodyshop and its refilling station.

Re-read: (address: Carrer 31 de Desembre, 13 07003)

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